

## Strongest Families Referral Form

Fax to: 1-866-470-7222

Email to: [faxes@strongestfamilies.com](mailto:faxes@strongestfamilies.com)

*Please Print*

Child's Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Sex: \_\_\_\_\_ H/C #: \_\_\_\_\_

Parent/Legal Guardian Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ (home) \_\_\_\_\_ (cell)

Best days/times to call to book an apt.: \_\_\_\_\_ Email address: \_\_\_\_\_

Parent/Youth Mailing Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Referring Clinician/Physician: \_\_\_\_\_ Clinic: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_ (PLEASE INCLUDE IF YOU WOULD LIKE CORRESPONDANCE)

- Child/Youth main presenting problem:
- Behaviour (3-12 years)
  - Anxiety (6-17 years)
  - ICAN Adult Anxiety (18+ years)
  - Nighttime Bedwetting (5-12 years)

- Additional information about the family:
- French Speaking Family
  - Military Family
  - Split family; Details: \_\_\_\_\_
  - Other: \_\_\_\_\_

Criteria	SEND	DO NOT Send
Behaviour Program (ages 3-12) Anxiety Program (ages 6-17) ICAN Adult Anxiety Program (18+) Nighttime Bedwetting (ages 5-12)	√	
Significant symptoms ≥ 6 months <b>AND</b> Significant impairment (child/youth or parent/family)	√	
Can commit to weekly phone sessions over the next 4-5 months	√	
Active psychosis or primary depression		x
Imminent risk of harm to self/others and/or active suicidal thoughts		x
Past suicide attempt(s)		x
Substance use (causing significant impairment)		x

Some exceptions may be applicable. You can communicate any referral questions to Naomi LeBlanc, Evaluation & Bilingual Services Manager ([nleblanc@strongestfamilies.com](mailto:nleblanc@strongestfamilies.com)). Children who are at imminent risk or have significant cognitive impairment would not fit our entrance criteria.

CONTACT 1-866-470-7111  
[info@strongestfamilies.com](mailto:info@strongestfamilies.com)  
Website: [www.strongestfamilies.com](http://www.strongestfamilies.com)

